



3rd October 2017

Dear Parent,

Personal, Social, Health & Careers Education (PSHCE) Day 1 – Tuesday 10th October

As you are aware, we deliver our Personal, Social, Health and Careers Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a PSHCE day will need to catch this work up in four, one hour sessions after school when they return.

The first collapsed curriculum day of this academic year will be on Tuesday, 10th October.

On this day:

- Year 7 will be discussing issues surrounding relationships both inside and outside school, including the role of peer pressure and self-worth.
- Year 8 will explore the different barriers to learning that many of our young people face so that they can better understand what it might be like for students in school who are on the autistic spectrum, or who have dyslexia or attention deficit, hyperactivity disorder (ADHD).
- Year 9 will be looking into a variety of issues that many young people can struggle to come to terms with. These will include family conflict, death and grieving as well as hearing from a guest speaker on the signs of and how to deal with depression.
- Year 10 will begin to look at the value of work experience and how they can make the most of the opportunity offered to them by a work experience placement at the end of the academic year. They will also investigate the value of volunteering and how this can offer a valuable service to those who need it as well as enriching their own lives.
- Year 11 will begin the process of investigating the options available to them when they leave Tarleton Academy. This will include a guest speaker who will outline the options both in full time education and in apprenticeships and other alternatives post-16.

Students should report to their tutor group at the beginning of the day to receive their personalised programme.

If you have any questions, please do not hesitate to contact us.

Yours sincerely,

Mr R Gwinnett
Head of Humanities

Mrs L A Gwinnett
Executive Headteacher

Outstanding education at the heart of the community

Mrs. L. A. Gwinnett, Headteacher Tarleton Academy, Hesketh Lane, Tarleton, Preston, Lancashire PR4 6AQ
General Office: (01772) 812644 Email: enquiries@tarletonacademy.org www.tarletonacademy.org