

7th March 2018



TARLETON
ACADEMY

FACIMUS NOSTRAE FUTURAE

Dear Parent,

Personal, Health, Social & Careers Education (PHSCE) Day 4 – Thursday 8th March

As you are aware, we deliver our Personal, Health, Social and Careers Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a PHSCE day will need to catch this work up in four, one hour sessions after school when they return.

The fourth collapsed curriculum day of this academic year will be on Thursday 8th March.

On this day:

- Year 7 will be looking at topics concerning revision skills and different ways of learning to prepare them in advance for their exams later in the year. In addition, they will be looking at the dangers of smoking and the importance of making informed choices about smoking.
- Year 8 will be taking part in 'The Real Game', a simulation exercise that encourages young people to consider the future that they would like for themselves and how they can best move towards that future through the decisions that they make now. They will also have an opportunity to learn more about the dangers of peer pressure and teen gang culture from West Lancashire Police.
- Year 9 will look at a number of topics that influence the way they think about themselves and how they interact with others. This will include sessions on how to deal with feelings and emotions, developing relationships with other young people and elements of the statutory Sex and Relationships Education programme. In addition they will begin to look at the world of politics and how British democracy works.
- Year 10 students will begin their work experience preparation which will include a look at interview skills, as well as building on the drugs education they have received in the past. This will include an examination of the choices that young people make about alcohol and the dangers of binge drinking.
- Year 11 students will have the opportunity to develop key revision skills as they prepare for their final exams in the coming months. In addition they will be given some ideas on how best to deal with the stresses and strains of the exam period to ensure that they give themselves the best possible chance of achieving the grades of which they are capable.

Outstanding education at the heart of the community

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Students should report to their tutor group at the beginning of the day to receive their personalised programme.

If you have any questions, please do not hesitate to contact us.

Yours sincerely,

Mr R Gwinnett

Mrs L A Gwinnett

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