



11<sup>th</sup> March 2019

Dear Parent,

## **Personal, Health, Social & Careers Education (PHSCE) Day 4 – Thursday 14<sup>th</sup> March**

As you are aware, we deliver our Personal, Health, Social and Careers Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a PSHCE day will need to catch this work up in four, one hour sessions after school when they return.

The fourth collapsed curriculum day of this academic year will be next Thursday, 14<sup>th</sup> March.  
On this day:

- Year 7 will be discussing issues such as learning to learn (students will consider different learning styles and approaches to learning); goals and aspirations; the importance of sleeping and issues relating to gaming; and finally the dangers of smoking.
- Year 8 will explore 'The Real Game' introducing career options and the cost of living. They will also continue to develop their knowledge in relation to learning about barriers to learning and Obsessive Compulsive Disorder (OCD).
- Year 9 will be looking into the importance of relationships through considering boyfriends and girlfriends; feelings, emotions and relationships; sexual health and sexually transmitted infections (STIs) and finally, looking at politics and its importance.
- Year 10 will be attending either Hutton Grammar School Sixth Form Centre to develop their knowledge of A Levels in a number of taster sessions, or will be attending Southport College where students will also experience a range of vocational subjects. Students have been selected on the basis of their recent 'Review Day' responses relating to their career choices.
- Year 11 will be attending bespoke revision sessions in the core subjects of English, Maths and Science in preparation for the next set of practice examinations. They will also take part individually in a mock business interview; 18 interviewers from a range of occupations will take part in this process where students will have a ten minute interview and five minutes feedback from the interviewer. This will ensure that students are more prepared for college interviews and the interview process when entering employment.

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- During the final session of the day all students will be taking part in the 'Impact Business Project Presentation' (except a number of Year 11 students who will be studying extra Maths). Each tutor group will present their business Dragon's Den pitch to a number of 'Dragons'. The winning presentations will then go forward to the final 'Dragon's Den' where local businesses will be invited to judge the event.

**Students should report to their tutor group at the beginning of the day to receive their personalised programme.**

If you have any questions, please do not hesitate to contact myself.

Yours faithfully,

*Mrs C. Barlow*

Assistant Headteacher (Progress and Intervention)