



11th January 2019

Dear Parent,

Personal, Health, Social & Careers Education (PHSCE) Day 3 – Tuesday 15th January

As you are aware, we deliver our Personal, Health, Social and Careers Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a PSHCE day will need to catch this work up in four, one hour sessions after school when they return.

The third collapsed curriculum day of this academic year will be next Tuesday, 15th January.

On this day:

- Year 7 will be discussing issues such as puberty and personal hygiene, in addition to a presentation from Lancashire Constabulary on the dangers of sexting and child sexual exploitation. They will also take part in some basic first aid training from the British Heart Foundation's 'Heartstart, CPR' training team.
- Year 8 will explore different methods of contraception as part of their on-going sex education programme. They will investigate the dangers presented by accessing pornography as well as looking into the dangers of alcohol and alcohol addiction. The fire service will also lead a session on personal safety.
- Year 9 will be looking into the options process on which they are shortly due to embark in school. This session should form part of their overall options understanding and will prepare them for further information gathering at Options Evening on Thursday 7th February. The fire service will also lead a session on fire safety. It is important that all Year 9 students that own their own Chromebook have it with them for the day as per a normal school day.
- Year 10 will build on the drugs education they have received in the past and also look into the importance of making informed decisions and the consequences that poor decisions can have. Students will also look into the important issue of consent as part of their relationship education. They will also receive a presentation from the fire services on personal safety.
- Year 11 will be looking into some of the key aspects of dealing with their own financial futures, including a look at the implications of post-18 student finance so that our students do not automatically rule this out as a potential pathway based on misconceptions about student debt. We will also look at the challenges of budgeting to run their own home and an introduction to the dangers of debt and the need to understand how they do not necessarily take home all that they earn. In addition students will have either an experience of an A level session at Hutton Grammar Sixth Form, targeted Maths intervention or personal study session to review the recent practice examinations.

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Students should report to their tutor group at the beginning of the day to receive their personalised programme.

If you have any questions, please do not hesitate to contact us.

Yours sincerely,
Mrs C. Barlow
Assistant Headteacher

R. Gwinnett
Head of Humanities

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