



15th July 2019

Dear Parent,

Personal, Health, Social & Careers Education (PHSCE) Day 5 – Wednesday 17th July

As you are aware, we deliver our Personal, Health, Social and Careers Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a PSHCE day will need to catch this work up in four, one hour sessions after school when they return.

The fifth collapsed curriculum day of this academic year will be Wednesday 17th July.
On this day:

- Year 7 will be visiting two different places of worship to broaden their understanding of the different cultures that make up the diverse society in which we live. Further details of these visits have been provided in a separate letter.
- Year 8 will be considering a number of topics including the importance of staying safe around water, a particularly important topic as we approach the summer holidays during long, hot periods of weather. These presentations will be delivered by the Fire Service. Dove representatives will be presenting to Year 8 girls upon matters of self-esteem and body image; matters of Global responsibility will be covered and the topic of smoking, vaping and cannabis use will also be addressed;
- Year 9 will be addressing serious topics such as: mental health and wellbeing ; a presentation from the 'Proud Trust' on Lesbian, Gay, Bi-sexual, Transgender and questioning issues surrounding it. Equally, boys in Year 9 will attend the 'Mud and Sand' safety presentation by the Fire Service; whilst Year 9 girls will be addressing issues related to gender representation in the media.
- Year 10 will take part in a range of activities focusing upon a reflection of and evaluation of their Work Experience; a workshop in relation to Apprenticeships by Training 2000; building resilience (in preparation for Year 11) and a focus upon how to fill the six week holiday productively;
- During the final session of the day all students will be involved in the final of the 'Impact Business Project Presentation'. The grand 'Dragon's Den' final will be held in the Hall in front of a number of local businesses as the 'Dragons'. This will be streamed to all tutor groups

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who will be able to judge the presentations. All finalists will receive a certificate and the winners and runners up will receive a special trophy for their tutor groups' efforts. These will be awarded in the final whole school assembly on the 19th July.

- Finally, a number of Year 7 girls will be involved in a presentation by 'Dove' in relation to raising self-esteem and awareness of body image during the final session of the day.

Students should report to their tutor group at the beginning of the day to receive their personalised programme.

If you have any questions, please do not hesitate to contact myself.

Yours faithfully,

Mrs C. Barlow

Assistant Headteacher (Progress and Intervention)

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